



Parent participation is the KEY to successful learning for your child

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Parental Involvement

Congratulations for choosing Kindergym as your child's pre- school development programme!

Kindergym recognises that parents play a very important role in the development and education of their children and strive to involve parents in every part of the Kindergym experience.

You might find yourself saying, " Why is it so important that I be on the floor with my child", or " My child seems to be doing just fine on their own". Such comments are frequent, as all Kindergyms have the rule that parents must stay within arms length of their child.

The Kindergym environment is very stimulating and forever changing each week. When your child enters the Kindergym, they look for things that are familiar to them so that they feel comfortable enough to explore and experiment in their surroundings. YOUR familiar face and YOUR familiar way of encouraging, are important factors in whether your child is willing to discover new things.

A guiding hand from YOU will give your child the confidence to experiment with different forms of movement, with the added knowledge that they are safe to do so. With YOU by their side they can reach for higher heights and embrace new challenges.

Kindergym time means quality time for you and your child. With outside pressures far away, you can concentrate on the helping them to develop motor skills, and celebrate their successes no matter how big or small.

YOU are the best judge of your child's needs and abilities. Therefore when you actively participate with you child, you can encourage them to take the next steps in trying new skills at a pace that is comfortable for them.

YOU are the best model of desirable behaviour. Being in close contact with your child, you can make sure that they are socialising with other children, taking turns and sharing equipment. Given the age of your child, there are bound to be instances where they will have disagreements with other children. Being on hand to resolve these issues, will help your child stay on the track of learning, with fewer interruptions.

By actively participating in the guided discovery and group time activities, you will be introduced to new and exciting ways of entertaining your child at home. You will also be part of an enormous network of parents and care-givers who share common experiences relating to child rearing.

Kindergym understands that all mothers deserve a well earned break away from their daily routine, however to maximise the learning opportunities for your child, we recommend that you schedule your relaxation time around your weekly Kindergym session.

The role of the parent during a Kindergym session is a highly dynamic one, where you will probably expand as much energy as your child does. But when you equate the amount of skill development and learning that occurs during an average 45 minute session, it is well worth the effort for everyone involved.
